

## Eagle Feathers Healing Arts Garden

### Traumatic Grief - Compound Complex Losses™ Terrorism- Specialized Counseling

The traumas of our lives have impacted us profoundly, more overwhelmingly than we have ever been led to believe. Coming to understand the power of the human mind and spirit, we now recognize our capacity to alter and store our states of consciousness at moments of overwhelm. These traumas of our lives have profoundly shaped our choices, our beliefs, our careers, our spiritual development, and our personal growth patterns.

The resolution of these compound complex painful imprints holds a promise of healing within, instead of a fixing or a numbing of the feelings one experiences surrounding the event. Moreover, one usually does not really feel their own feelings, but rather they experience their feelings through other's images and explanations. When one has suffered severe terror in their life the ability to feel becomes frozen in time and space, even though time and space are only an illusion. The pain is real and so is the frozen non feeling within the individual. They are not non feeling by choice, but because of the deep psychological damage that has occurred, a human temporary safety mechanism.



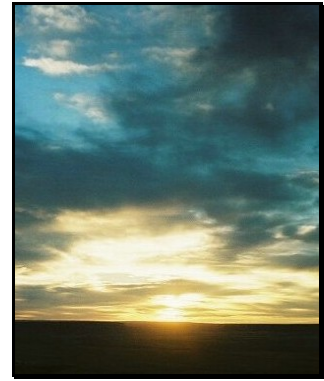
Shattered yet Whole

**Amidst our traumas, we may have lost sight that will never know the pain, the moment of our inherent expert, and lost touch with our inner truth. One must learn how to feel by first coming to grips when the terror, its effects, and then embracing the damage that has happened because of these events. One can learn to feel again, and one must be open to the experience. There is nothing more powerful in the universe then to feel love and to touch your inner soul with dignity and compassion.**

Together we will explore the gaps and discover more fully at an honoring pace, as the mysteries reveal themselves within you. Within you resides an ancient wisdom that possesses every recollection perceived during your sojourn on earth – every thought, every feeling, every image, every taste, every sound, every smell and every touch. Dr. Kathy will assist you with the remolding of your own power and the access of your “Healer Within”. There is no one but you who will ever know the pain, the moment of encoding, and the needed attention so precisely. Kathy’s intent is to honor, empower you and to remind you of your true nature and purpose...you are the co-creator of your life and how you live it to its fullest.

It is Dr. Kathy’s commitment to provide maximum exposure and availability of the healing tools that she has founded and learned over her lifetime of work with thousands of trauma survivors. You do not need to white knuckle alone, when respectful, gentle, non traumatizing tools are available to you during your holistic sessions at Eagle Feathers Healing Arts Garden. The outcome will surpass your expectations.

Dr. Kathy is a gifted ancient counselor and teacher utilizing her highly developed intuitive abilities to locate trauma sites within the nervous system, the electromagnetic fields, the physical, emotional, mental, soul, and spiritual bodies of the clients seeking release from the emotional, spiritual, and physical imprints of traumas. Her views of life as an ancient counsel, facilitator and catalyst is honoring and empowering to clients to achieve resolution and healing.



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Sunrise Sunset Healing

*“Dr. Kathy Gayoski has witnessed firsthand the aftermath of some of the most newsworthy mass tragedies of the last 20 years. A registered nurse, holistic health counselor, and bereavement specialist, Gayoski has worked with victims of the Egyptian Air Crash, the September 11<sup>th</sup> terror attacks, the West Warwick Station nightclub fire, and many other noted homicides, to name a few. And she regularly counsels the victims of all manner of physical, sexual, emotional, spiritual and psychological abuse. Having such an up-close view of the effects of terror, tragedy, and abuse, Gayoski has had to come to grips with the human capacity to wound and destroy. On the flip side, she is routinely awed by the power within people to heal and overcome.” SCLN 2004*

*“I am thankful for having Kathy Mary Gayoski in my life. She was a great help and spiritual during the time that my granddaughter, Jenny Lee Perkins, was shot and died. I am thankful for the love and encouragement that Kathy gave me during that time. And also during the time my husband, Wally Miranda, got sick with deadly lung cancer for two years. She conducted the funeral services in memory of Jenny and Wally. I love her with all my heart and soul. I encourage to anyone who needs some spiritual healing and grief counseling to see Kathy.”*

*Mary Miranda, RN, Cape Cod, MA*



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Full Bloom